

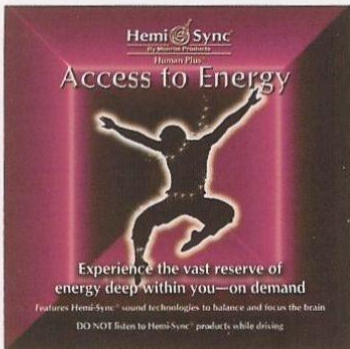
# Human Plus®

For the first time in 13 years we are delighted to announce the release of four new Human Plus® (H-Plus®) CDs, as well as a new H-Plus exercise contained in *The Creative Way*.

Developed by founder Robert Monroe in the late 1980s, H-Plus is a means of utilizing the immense power of the subconscious to affect change in your life. Each H-Plus CD (or Function Exercise) contains precise combinations of Hemi-Sync® frequencies that gently draw you into an extraordinarily receptive, whole-brain state while establishing the Access Channel—the ultimate communication channel to all levels of awareness—mental, physical, and emotional.

By design, the Access Channel is opened during each Function Exercise, allowing you to learn a different Function Command (short verbal cue), ranging from controlling your appetite to increasing your energy. Once the Function Command has become encoded while the Access Channel is open, you can then call upon or “activate” that Function at any time, on demand, in everyday life situations.

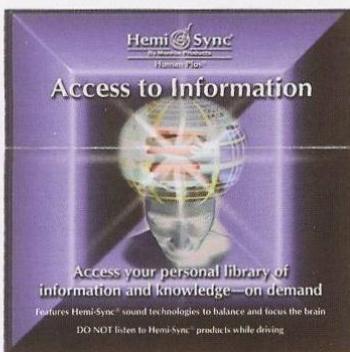
The H-Plus series offers a different kind of pathway to new levels of freedom—to becoming Human Plus. Become more than you ever believed you could be, one step at a time. Explore and develop your H-Plus potential.



## Access to Energy

Explore and experience the vast reserve of energy deep within you, and learn to access that energy anytime you wish. Use *Access to Energy* to increase strength, agility, alertness, stamina, or to simply feel vigorous all over, and enjoy increased satisfaction and productivity. Length: 71 minutes.

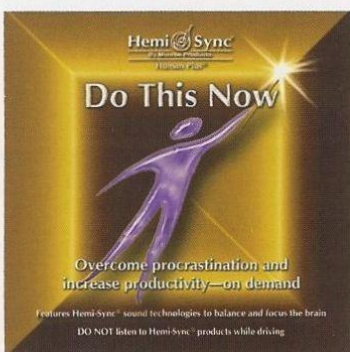
ITEM# HP062CN \$19.95 (CD)



## Access to Information

Enhance your ability to access your own personal library of information and knowledge. Bring wisdom, teachings, events, life experiences, or any other information you wish to retrieve into your waking conscious memory at any moment you desire. Use *Access to Information* to help you greatly improve your recall abilities and contribute to your overall well-being. Length: 71 minutes.

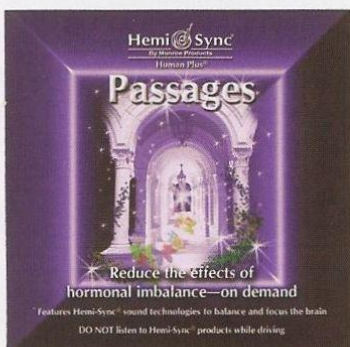
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## Do This Now

Move forward and increase your energy and enthusiasm for starting, continuing or completing actions and tasks any time you wish. Procrastination can result in increased stress, a sense of guilt, and a loss of personal productivity. *Do This Now* helps you tap into your positive life force flow, releasing all blocks within yourself resistant to energetic, effective action. Use this energy to access your full capabilities—to be all of who you are, complete all that you wish to accomplish, and create all that you desire. Length: 61 minutes.

ITEM# HP064CN \$19.95 (CD)



## Passages

Support and enhance your physical, emotional, mental and spiritual well-being as you experience normal fluctuations in hormonal balance. Hormonal changes occur periodically from puberty to old age, and imbalances can negatively affect one's quality of life. Use *Passages* to ease the effects of these imbalances, to feel more regulated and empowered, and to promote more peaceful and satisfying life changes. Length: 66 minutes.

ITEM# HP065CN \$19.95 (CD)